

## Chapter 11 EXERCISE

### PERSONALITY ASSESSMENT

#### PART I - OBJECTIVE:

To provide first hand experience with personality test scales, thereby increasing understanding of known test scales.

#### GENERAL INFORMATION:

Most personality tests contain a number of scales. Clinical scales like those found on the MMPI-2 are designed to assess traits or attributes associated with personality. Other scales are designed to measure test-taking attitude. As an example, consider the three validity scales found on the MMPI-2:

- 1) The "L" scale is referred to as the "Lie" scale because it contains items that are somewhat socially undesirable but considered to be true of most people - for example, "**I gossip a little at times.**" If the L scale does not fall within certain parameters, it would reveal an unwillingness of a "normal" individual to admit to their own minor flaws.
- 2) The "F" scale refers to "frequency/infrequency." This scale is composed of items that are infrequently selected as being true of themselves by "normal" test takers. An example of an item on the F scale would be "**There is an intentional plot against me.**" An elevated F scale would suggest that the "normal" test taker did not take the test seriously, answered at random, or was faking "bad" on the test.
- 3) The "K" (Correction) scale is composed of items reflecting a "normal" person's defensiveness in admitting to problems such as "**I feel bad when others criticize me.**" Items on this scale are more subtle than items on the F scale. High education and socio-economic status correlate positively with this scale. The K-scale is used to statistically correct scores (adjust the magnitude) on some of the clinical scales to compensate for defensiveness.

#### YOUR HOMEWORK:

You will take an online version of the Myers-Briggs personality test available at:  
<http://www.humanmetrics.com/cgi-win/JTypes2.asp>

Name \_\_\_\_\_ Section \_\_\_\_\_ Date \_\_\_\_\_

### Myers-Briggs - WORKSHEET

#### Exercise #11

YOUR TYPE IS: _____ (e.g., ISTP)	
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Indicate your percentage for each of the four types listed above	
	Strength of Preferences %
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

Read the both descriptions (D.Keirseay and J. Butt) for your personality type. Is there one writing description that rings more true than the other?    \_\_\_ Yes    \_\_\_ No

If yes, which one? \_\_\_\_\_

What "famous" person also shares your personality type that you are most "proud" of in the J. Butt description?

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